

Fat Carb  
vegetables

Low Fat Carb  
Dietary  
Fatty  
vegetables  
shellfish

related  
om fish,  
ociated  
95% CI:  
(-0.32).

## DISCUSSION

- Diet characterized by high intake of low-fiber carbohydrate, fish and shellfish, and high-fat meat were associated with higher, while diet with high intake of vegetables, dairy, juice, and salmon and tuna were associated with lower PFAS in blood.
- PFAS exposure may come from different food sources.
- WQS in conjunction with other dietary pattern analysis (i.e. single food group, dietary patterns using PCA) can provide insights of food mixtures associated with variations in plasma PFAS concentrations.

For more information:

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